



Stage 4: Signposting to Support and Advice

Aim: To develop knowledge of how and where to get support and advice

Learning Outcome: Increase awareness of support services and how to access them in school/college, locally and nationally

With consideration to the sensitivity of the topic and subsequent effect discussions can/may have on individuals, it is important to provide young audiences with information, advice and details of support services to access if they find themselves affected by the issue.

Signposting options are suggested below; any materials can be printed off, sent by email or linked onto school/organisation website.

Where possible we recommend options include verbal, visual and digital signposting

- **Inform pupils** of support services available to them in school and how to access them; advise them who is the safeguarding officer
- **Inform pupils** of services available to them externally and locally – refer to our Support Services Directory on the Safe4me home page: www.safe4me.co.uk/support-services/
- **Basic Poster:** [Support Services Poster](#) details of local/national support and advice
- **Wallet cards:** [Support Services Mini Reference Card](#) details of local/national services
- **Advice Sheets: Sexting:** [‘What’s all the fuss about?’](#); [Sexting: Keeping myself Safe](#)
- **Safe4me Additional Resources Section:** Links to more materials to share with young people; as well as useful information for parents and professionals.
www.safe4me.co.uk/additional-resources/?tab=sexting

Move on to the ‘Finishing Up’ section